



## Wellness Program Report September 2017

- CRC fitness room usage: August 11 individuals, 30 uses
- Updated wellness webpage
- Contacted group exercise instructors to prepare for next year
- Secured Weight Watchers sites for this year's program
- Completed quarterly newsletter
- Contacted local vendors to attend this year's health fair
- Secured flu vendor and sites for vaccines
- Finishing programs for this year
  - Creating content for programs and communications
- Working with Health Enhancement Systems to set up for this year's program
  - Feel Like a Million
- Attended Healthy Living 2020 Coalition meetings and sub-committee group
  - Worked with accelerator group on wellness seminar
  - Finalizing seminar presentation